



Riverside Primary School

Ferry Road, Hullbridge, Hockley, Essex, SS5 6ND

Headteacher: Mrs Claire Smith

Tel: 01702 230911

Email: admin@riversideprimary.co.uk **Website:** www.riversideprimary.co.uk

Wednesday 23rd September 2026

Dear Parents and Carers,

Please review the following reminders regarding Physical Education (PE) uniform and safety guidelines to ensure your child is fully prepared to participate in their lessons:

PE Kit Requirements

- **Tops & Bottoms:** Children must wear a plain white t-shirt with shoulders covered, navy blue shorts, and unbranded clothing (no prominent logos).
- **Footwear:** Suitable black trainers with white or dark socks should be worn.
- **Labeling:** All items of clothing and equipment must be clearly labeled with your child's name.

Earring Safety Guidelines

- **Removal Required:** In accordance with school policy and Essex County Council guidance, earrings must be removed prior to PE and cannot be taped over.
- **Participation:** Children wearing earrings cannot take part in physical activity during the lesson and will be assigned an alternative learning role.
- **Preventing Loss & Healing Times:** To prevent lost items and avoid missed PE time, we strongly recommend that children do not wear earrings to school on PE days. Please also keep this in mind if planning new ear piercings, as healing times can result in several weeks of lost PE participation.

Thank you for your cooperation in keeping our children safe, prepared, and ready for PE.

Kind regards,

Mrs Byrne - PE Lead

