



# Riverside Primary Week One

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Option 1	Meat Free Monday Cheese & Tomato Pizza Pasta Salad Coleslaw	Taco Tuesday Mild Chilli Con Carne Golden Rice Salad (Chilli served in a Taco shell) Salsa or Sour Cream Optional	Toad in the hole (Sausage in a yorkshire pudding) Mash Potato Seasonal Vegetables (Gravy Optional)	Chicken & Bacon Carbonara Pasta Garlic Bread Sweetcorn	Chicken Nuggets French Fries Baked Beans
Option 2		Meat Free Taco's (Mild Vegetable Chilli in a Taco shell) Golden Rice Salad Salsa or Sour cream Optional	Vegetarian Toad in the Hole Mash Potato Seasonal Vegetables (Gravy Optional)	Pizza Whirl Garlic Bread Sweetcorn	Cheesy Omelette French Fries Baked Beans
Jacket Potato	Jacket Potato Cheese, Beans or Tuna & Vegan Mayo	Jacket Potato Cheese, Beans or Tuna & Vegan Mayo	Jacket Potato Cheese, Beans or Tuna & Vegan Mayo	Jacket Potato Cheese, Beans or Tuna & Vegan Mayo	Jacket Potato Cheese, Beans or Tuna & Vegan Mayo
Dessert	Fresh Fruit Platter	Ice Cream	Angel Delight	American Pancakes with Syrup	Apple Crumble & Custard
KS2 Grab Bag	Fresh Roll with either Ham, Cheese or Tuna Mayo  Sausage Roll or Popcorn Chicken  Fruit & Yogurt available daily	Fresh Roll with either Ham, Cheese or Tuna Mayo  Sausage Roll or Popcorn Chicken  Fruit & Yogurt available daily	Fresh Roll with either Ham, Cheese or Tuna Mayo  Sausage Roll or Popcorn Chicken  Fruit & Yogurt available daily	Fresh Roll with either Ham, Cheese or Tuna Mayo  Sausage Roll or Popcorn Chicken  Fruit & Yogurt available daily	Fresh Roll with either Ham, Cheese or Tuna Mayo  Sausage Roll or Popcorn Chicken  Fruit & Yogurt available daily