

Riverside Primary School

Curriculum Newsletter for Families

Autumn 2 2025

EYFS

This half term our theme is: **Fantastic Food!**



Welcome EYFS to our half-termly curriculum newsletter! We would like to take this opportunity to tell you all about the exciting half-term ahead. This newsletter is where you can find out about what your child will be learning over the coming weeks, along with some ideas and suggestions for some activities you could try which will help to support their learning at home.

What are we learning during this theme?

This half term we are learning about the different food groups and discussing foods that are healthy. We will be talking about how we can look after our bodies through healthy eating and exercise. The children will plan, shop for and prepare a healthy fruit salad and make jam sandwiches to enjoy during snack time.

In Maths we will be learning about 2D shapes and continuing our learning around numbers to 5.

EYFS will be performing their own Christmas production which we look forward to sharing with you.

Trips, Visitors and Experiences

We will have a tour of our school kitchen and find out how our school dinners are prepared. We will be inviting a dentist into school to help us learn about oral hygiene. The children will be preparing a healthy fruit salad to enjoy at snack time and baking a delicious treat for their parents to enjoy at the Autumn 2 'open door' event!

How can you support your child at home?

Please use Seesaw to discuss your child's week at school. If your child gets a sticker at school, ask them what they did to become a Brain Stretcher or Risky Risk Taker so they have the opportunity to discuss their learning with you.

Please practise zipping up coats, putting on shoes and toileting independently.

Please practice phonic sounds regularly using the sounds mat sent home at the end of Autumn 1. New sounds introduced each week are stuck in your child's Reading Record books.

Please remember to read **5 times a week** with your child. This extra practise at home really does make a difference and children receive a sticker and 2 team points each week for their 5 reads.

Days out and things to do:

Visit a supermarket and look at the different foods they sell. Can you help your adult find items from their shopping list?

Can you help your adult prepare a meal at home? Help find the ingredients and equipment you will need then follow instructions to make it.

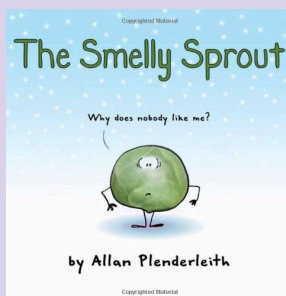
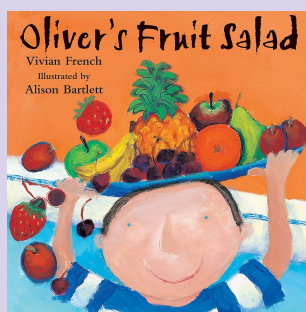
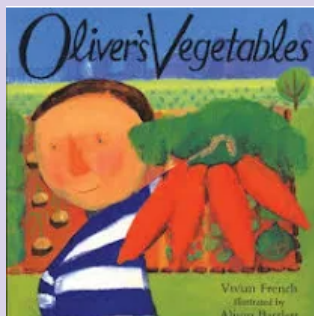
Can you write your own shopping list? Listen carefully for the initial sounds you can hear in each word.

Look for shapes in the environment when you are out and about. Can you name the shapes you can see? Describe the shapes you see.

Practice your cutting skills by helping wrap some Christmas presents at home.

Books to read:

Why not pop to the local library and borrow some books that link to our theme?



Things to watch:

Big Cook, Little Cook!
[Big Cook Little Cook - BBC iPlayer](#)

My World Kitchen!
[My World Kitchen - BBC iPlayer](#)

What's in your Bag?
[What's in Your Bag? - Series 1: 2. Dentist - BBC iPlayer](#)

Christmas Panto!
[CBeebies Christmas Panto - Episode guide](#)